

All Saints with **St Frideswyde**

*A church which welcomes you in Jesus' name,
to grow and share in his love*

Sunday 22nd March 2020

We are the body of Christ, though we are not all gathered we remain Christ's body here on earth to live and care in His praise and glory

This newsletter updates you on what is happening, and we hope that it is a resource to help you to pray at home whilst we cannot gather together. You are in my prayers and please call/ text/ email if you need support and or practical help God bless

Kath

No Church services until further notice; the church is open for private prayer Monday – Friday 9.30-11.30am

please call in and try to bring something for the foodbank

Collect

God of love, passionate and strong, tender and careful: watch over us and hold us all the days of our life; through Jesus Christ our Lord.

Gospel Reading Matthew 28.1-10

After the Sabbath, at dawn on the first day of the week, Mary Magdalene and the other Mary went to look at the tomb.

There was a violent earthquake, for an angel of the Lord came down from heaven and, going to the tomb, rolled back the stone and sat on it. His appearance was like lightning, and his clothes were white as snow. The guards were so afraid of him that they shook and became like dead men.

The angel said to the women, "Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he lay. Then go quickly and tell his disciples: 'He has risen from the dead and is going ahead of you into Galilee. There you will see him.' Now I have told you." So the women

hurried away from the tomb, afraid yet filled with joy, and ran to tell his disciples. Suddenly Jesus met them. "Greetings," he said. They came to him, clasped his feet and worshiped him. Then Jesus said to them, "Do not be afraid. Go and tell my brothers to go to Galilee; there they will see me."

Reflection, in this passage we see Jesus say twice "Do not be afraid" and that can be very reassuring to us as Christians living at a time of pandemic and panic, misinformation and information overload. But Jesus tells us "don't be afraid". And Jesus has been through torture and death, alienation and burial. We need not be afraid; God will hold us in the present time in this life and the next, God has us in the palm of His hand. Try closing your eyes and repeating this phrase to yourself so you can hear Jesus' voice speaking and calming you – his beloved.

A reflection

And the people stayed at home, and read books, and listened and rested, and exercised and made art, and played games, and learned new ways of being; and were still.

They listened more deeply; some prayed and some danced and some met their shadows. And the people began to think differently and the people healed.

And in the absence of people living in ignorant, dangerous, mindless and heartless ways, the earth began to heal.

And when the danger passed and the people joined together again, they grieved their losses, made new choices, and dreamed new images and created new ways to live and heal the earth fully as they had been healed.

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Forthcoming Events

- ↪ **The Hub** is closed for the time being although the **Advice Centre** continues Tuesdays 10-12am
- ↪ **Easter services and events are cancelled**
- ↪ **Liverpool Passion 2020** – Unfortunately this event has had to be postponed until 2021. Ticket Quarter will be automatically refunding tickets bought through them.

Help for you

- ↪ At this time of worry you may feel you need additional Pastoral Care/Counselling Support; here is a list of resources
Natalie is happy to provide telephone support for anyone who would like regular pastoral/counselling care. 07415602871
- ↪ For anyone concerned about feelings of anxiety or loneliness due to being on their own at home. There are various free telephone helplines such as
Age Concern Uk 0800 7081602 8am-7pm 365 days a year.
- ↪ **SilverLine** UK free helpline for older people available 24hrs 0800708090
- ↪ **The Samaritans** 116123 free from any phone or 0330094517
Liverpool/Merseyside

Help Needed

- ↪ **We need a new PCC secretary;** someone who can take notes and is interested in seeing how we lead the church; please contact Kath if you would like to try this role which involves ten evening meetings a year and We will also be looking for new **PCC & Deanery Synod members** at our Annual General Meeting on 26th April at 12 noon with a bring and share lunch.
- ↪ **Easter greetings to the Holy Land:** Once again we are joining with other churches in Crosby to send cards to our brothers and sisters in Palestine/Israel. Please take an address slip (which also has an email address) from the box in the Narthex and either write a card to the priest and congregation of your chosen parish or, if you prefer, send an email greeting to the priest. Cards can be brought back to church or left in the church letter box outside for onward posting. Donations for postage will be welcome.
- ↪

Food Bank

The latest shortages are: rice; coffee, jam, tinned fruit, jars of pasta sauce, long life milk, pasta, tinned meat and fish. Thank you to all who contribute.

Prayer

We remember in our prayers, those who are unwell and with continuing care needs.

Dave Rogers

Helen Mannion

Phyllis Bell

Marion Johnston

baby Sonny Campbell

Barbara Maddock

Mark Isherwood

Don Wylie

Ted Meighen

Janet Eastwood

Billy Harding

Maggie Gebbett

Eric Anderson

Peter Halliwell

Frank Kelly

Lisa Hickey-Davies

Ken Rimmer

We remember family and friends of the bereaved especially Stanley Hewitt and Nicholas Pennington

We pray for our mission: Our hall secretary and hall users who will be losing business at this time, and our unformed groups who are missing their activity and fun

for our mission partners: Our neighbours in Crosby and Thornton, especially the food bank who will face much higher demand

for world mission: For all worldwide affected by the Coronavirus, for the bereaved and all who face greater poverty and loss of livelihood.



If you wear a hearing aid, please switch to T



If someone near you requires a large print notice sheet, please alert a sides person



If you are coeliac or gluten intolerant, please tell a warden or sides person.

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