

# **All Saints** with **St Frideswyde**

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## **Lent** **Holy Communion** **Service**



*Keeping  
a Holy Lent*

*Please join in where type is **bold***

## **Welcome and notices**

The Lord be with you  
**and also with you.**

## **Hymn**

### **Prayer of Preparation**

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

### **Summary of the Law**

Our Lord Jesus Christ said:  
The first commandment is this:  
'Hear, O Israel, the Lord our God is the only Lord.  
You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.'  
The second is this: 'Love your neighbour as yourself.'  
There is no other commandment greater than these.  
On these two commandments hang all the law and the prophets.  
**Amen. Lord, have mercy.**

### **Invitation to confession**

The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.  
Let us come to the Lord, who is full of compassion, and  
acknowledge our transgressions in penitence and faith.

## Confession

We confess to you our selfishness and lack of love:  
fill us with your Spirit.

Lord, have mercy. **Lord, have mercy.**

We confess to you our fear and failure in sharing our faith:  
fill us with your Spirit.

Christ, have mercy. **Christ, have mercy.**

We confess to you our stubbornness and lack of trust:  
fill us with your Spirit.

Lord, have mercy. **Lord, have mercy.**

*The president says*

Almighty God,  
who forgives all who truly repent,  
have mercy upon *you*,  
pardon and deliver *you* from all *your* sins,  
confirm and strengthen *you* in all goodness,  
and keep *you* in life eternal;  
through Jesus Christ our Lord.

**Amen.**

## The Collect

## The Liturgy of the Word

## Reading

## Hymn

## Gospel Reading

*Sung response*

Hear the Gospel of our Lord Jesus Christ according to.....

**Glory to you, O Lord**

*At the end,*

This is the Gospel of the Lord

**Praise to you, O Christ**

## Sermon

*The president says*

Let us declare our faith in God, Father, Son and Holy Spirit.

## The Creed

**We believe in God the Father from whom every family in heaven and earth is named**

**We believe in God the Son, who lives in our hearts through faith, and fills us with his love.**

**We believe in God the Holy Spirit, who strengthens us with power from on high.**

**We believe in one God: Father Son and Holy Spirit**

## Prayers of Intercession

*These responses may be used*

Lord, in your mercy  
**hear our prayer.**

*And at the end*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## The Peace

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ  
who has given us access to his grace.      *Romans 5.1,2*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

## Offertory Hymn

God of wisdom,  
may the light of your eternal Word,  
our Lord and Saviour Jesus Christ,  
lead us in holiness and guide us to glory;  
we ask this in his name.

**Amen.**

## **The Eucharistic Prayer**

The Lord is here  
**his spirit is with us**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
in your love you made us for yourself.

When we turned away

you did not reject us,

but came to meet us in your Son.

**You embraced us as your children**

**and welcomed us to sit and eat with you.**

In Christ you shared our life

that we might live in him and he in us.

**He opened his arms of love upon the cross**

**and made for all the perfect sacrifice for sin.**

On the night he was betrayed,

at supper with his friends

he took bread, and gave you thanks;

he broke it and gave it to them, saying:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

**Father, we do this in remembrance of him:**

**his body is the bread of life.**

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you for the forgiveness of sins;  
do this in remembrance of me.

**Father, we do this in remembrance of him:  
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,  
send your Holy Spirit that this bread and this wine  
may be to us the body and blood of your dear Son.

**As we eat and drink these holy gifts  
make us one in Christ, our risen Lord.**

With your whole Church throughout the world  
we offer you this sacrifice of praise  
and lift our voice to join the eternal song of heaven:

*Sung:*

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.**

## **The Lord's Prayer**

As our Saviour taught us, so we pray:

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Lead us not into temptation but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours**

**now and for ever.**

**Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

## **Giving of Communion**

*Angus Dei (sung)*

**Lamb of God you take away the sins of the world**

**Have mer-cy on us Grant us your peace (x3)**

*as a round*

*The president says the invitation to communion*

Draw near with faith.

Receive the body of our Lord Jesus Christ

which he gave for you,

and his blood which he shed for you.

Eat and drink

in remembrance that he died for you,

and feed on him in your hearts

by faith with thanksgiving.

*The president and people receive communion.*

## **Prayer after Communion**

*Silence is kept.*

Lord God,

you have renewed us with the living bread from heaven;

by it you nourish our faith, increase our hope,

and strengthen our love:

teach us always to hunger for him who is the true and living bread,

and enable us to live by every word that proceeds from out of your

mouth; through Jesus Christ our Lord.

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory.  
Amen.**

## **Hymn**

### **Blessing**

May God the Father, who does not despise the broken spirit,  
give to you a contrite heart. **Amen.**

May Christ, who bore our sins in his body on the tree,  
heal you by his wounds. **Amen.**

May the Holy Spirit, who leads us into all truth,  
speak to you words of pardon and peace. **Amen.**

And the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always **Amen.**

*A minister says*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*The ministers and people depart.*

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